

Quenedit Ballet School

Kids Summer Camp

June 20-July 29, 2022

(ages 5-8)

Monday - Thursday*

Our summer kids camp consists of three segments:

1) A Conditioning/Stretch class will be held for the first 30 minutes - This class proves beneficial in improving posture and balance, strengthening the muscles and increasing the core strength while improving the flexibility of the body thus enhancing the range of motion of all body parts. Needed: a yoga mat

2) Pre-Ballet - The students will be introduced to basic ballet vocabulary and technique in a structured yet fun setting.

3) Complementary Classes: The complementary dance classes will change each week. Styles that will be covered during the summer are: Ballet Repertoire, Hip Hop, Musical Theater and Jazz. In these classes, students will learn choreography, self expression, creativity while having fun to different types of music.

Attire and equipment needed for the summer camp:

Conditioning/Stretch Class:

Yoga Mat and socks

Pink leotard, pink tights

Pre-Ballet Class

Pink leotard, pink tights, pink ballet shoes

Hip Hop, Musical Theater and Jazz

Optional: leggings or jazz shorts to wear over leotard and tights; tan jazz shoes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5:00-5:30	5:00-5:30	5:00-5:30	5:00-5:30
Cond/Stretch	Cond/Stretch	Cond/Stretch	Cond/Stretch
5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30
Pre-Ballet	Pre-Ballet	Pre-Ballet	Pre-Ballet
6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30
Complementary Class	Complementary Class	Complementary Class	Complementary Class

*The studio will be closed Monday, July 4, 2022. The camp for the week of July 4 will be Tuesday - Friday.

A non-refundable \$25 deposit (applied toward tuition) is required to reserve space in the camp. Full tuition is due no later than May 23, 2022. All tuition and fees paid to QBS are non-refundable. Fees may not be transferred or extended towards future tuition. No refunds or tuition credits can be given for missed classes or early withdrawal.